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News

St. Lucia Food & Rum Festival 2007

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**Get ready for four days and nights filled with delicious Caribbean food, rum and music in stunning settings.**

One of the newest additions to St. Lucia's events calendar, the second annual Food & Rum Festival this Thursday 1st to Sunday 4th November will tantalise the taste buds and create a diverse Caribbean culinary experience for visitors.

The Festival is a gastronomic event which attracts some of the best chefs, wine and rum connoisseurs, food critics and music fans from across the Caribbean and the globe. The Festival will combine mouth-watering menus from regional and international chefs, cookery demonstrations and rum tasting of over 40 rums from across the region.

This year, St. Lucia will have a truly star studded culinary team which will allow this festival to rival some of the best food festivals in the world. Plus, there will be guest mixologists at the rum booths creating their sumptuous signature cocktails for all to sample. Featured mixologists include Toby Abou Ganim (of the Bellagio Resort, Las Vegas), London's very own rum connoisseur Ian Burrell (of Cottons) and by Sommelier Duane Dove (from Trinidad and Tobago) with his famous rum and chocolate creations.

With fine Caribbean cuisine provided by a whole host of renowned chefs from Art Smith (Oprah Winfrey's personal chef) and Irish born Chef Eoghain O'Neill (previously of The Savoy, London and teachings from Gordon Ramsey), to St. Lucia's most famous resident Chef, Orlando Satchell (Ladera Resort's Dasheene restaurant), there's something to suit everyone's tastes.



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On the first two days of the festival, visitors can join a rum sponsored boat trip along the coast of St. Lucia to view the magnificent twin peaks of the Pitons as well as enjoying a gourmet lunch at Ti Kaye and Ladera resorts. The Rum Village, in Rodney Bay, will also be the venue for the festival's Mardi Gras street party held on the Saturday and Sunday night. With mixologists having friendly 'shake off' competitions at the surrounding bars and live music concerts to entertain the crowds, a visit to St. Lucia this November will be a truly memorable experience.

Rodney Bay Village, located near the beautiful Reduit Beach, is the social hub of the island. With an abundance of shops, galleries and restaurants on offer you'll be spoilt for choice. For those looking for a more action-packed holiday you won't need to venture far – try zip-wiring through the rainforest or some deep-sea diving. Add a handful of brand new luxury resorts or small inns, plus a splash of sunshine and you should have all the essential ingredients for the perfect holiday!

Visit [www.foodandrumfestival.com](http://www.foodandrumfestival.com)

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